A hot meal. Hygiene essentials. Home cleaning supplies. For Georgia families in need, the things many of us take for granted can make a big difference. We’re always accepting food and supply donations to help our outreach teams, families transitioning from homelessness, and those who are food-insecure. Donate individually or rally friends and family for a larger impact!

**HOPE Bags** – Provide hygiene essentials to unsheltered people and families.

**Snack Bags** – Help our outreach team connect with unsheltered people and keep them nourished.

**Superpacks** – Children who rely on school lunches may go hungry on weekends. Help pack an easy-to-prepare kit to keep their bellies full.

**Move-In Kits** – Give household essentials to help people and families transitioning out of homelessness.

**Cleaning Kits** – Help a newly-housed family keep up their new home.

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### HOPE Bags

<table>
<thead>
<tr>
<th>Package Type</th>
<th>Size</th>
<th>Contents</th>
</tr>
</thead>
<tbody>
<tr>
<td>Individuals</td>
<td>Travel size</td>
<td>Shampoo &amp; Conditioner, Lotion, Soap, Tooth brush and toothpaste, Lip balm, Deodorant</td>
</tr>
<tr>
<td>Families</td>
<td>Full size</td>
<td>Shampoo &amp; Conditioner, Lotion, Soap, Tooth brush and toothpaste, Lip balm, Deodorant</td>
</tr>
</tbody>
</table>

### Snack Bags

- 2 Entrees (ravioli, ramen, soup, canned/pouch chicken or tuna, etc.)
- 1 Pack of Crackers
- 1 Cereal Bar
- 1 Apple Sauce or Fruit Squeeze
- 1 Packet of Oatmeal or Instant Grits

### Superpacks

- 4 Entrees (ravioli, ramen, soup, canned/pouch chicken or tuna, etc.)
- 2 single serve breakfast items (oatmeal or grits pack, cereal bowl, cereal bar, pop tarts, etc.)
- 2-4 fruit cups/cans of veggies
- 2-4 single-serve snacks (pretzels, raisins, crackers, granola bars, etc.)
- plastic grocery bags

### Move-In Kit

**Fill a laundry basket with:**

- Shower curtain & rings
- Bath towel, hand towel, wash cloth
- Set of dishes
- Pots & Pans
- Plastic Cups
- Pot holders & kitchen towels
- Silverware
- Bathmat
- Bed in a bag (full or queen size)
- Baking sheet
- 2 rolls paper towels
- 4-pack toilet paper
- Can opener
- Spatula & cooking spoon

### Cleaning Kit

**Fill a bucket with:**

- Mop & Broom
- Windex
- All-purpose cleaning spray
- Lysol/disinfecting spray
- Cleaning sponges
- Dish soap
- Laundry detergent
- Kitchen trash bags

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Want to help but don’t have the time to collect and assemble? **Contribute financially at donate.hopeatlanta.org**

HOPE Atlanta’s vision is to end hunger and homelessness for every Georgian.

Learn more at hopeatlanta.org